

Robert L. Brent Lecture – Teratology Update

Congenital Heart Defects Research: Finding the Hidden Crossroads Between Genetics and Environment



Cheryl Maslen, PhD
Professor
Knight Cardiovascular Institute
Department of Molecular and Medical Genetics
Director
Program in Enhanced Research Training
Oregon Health & Science University

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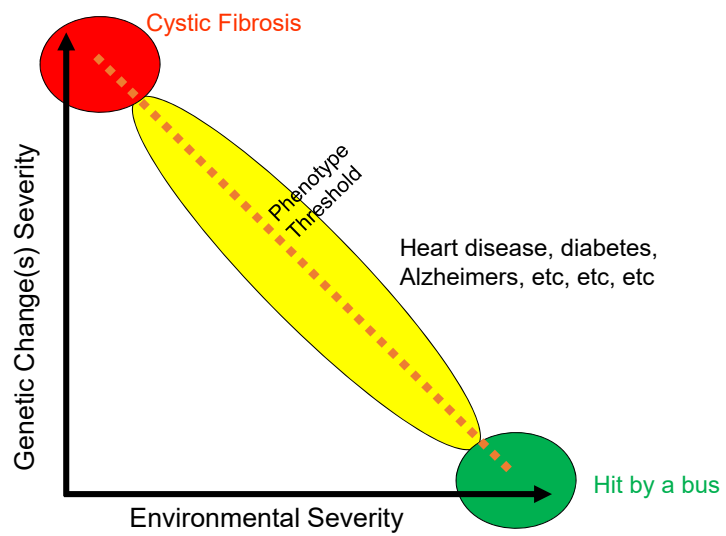


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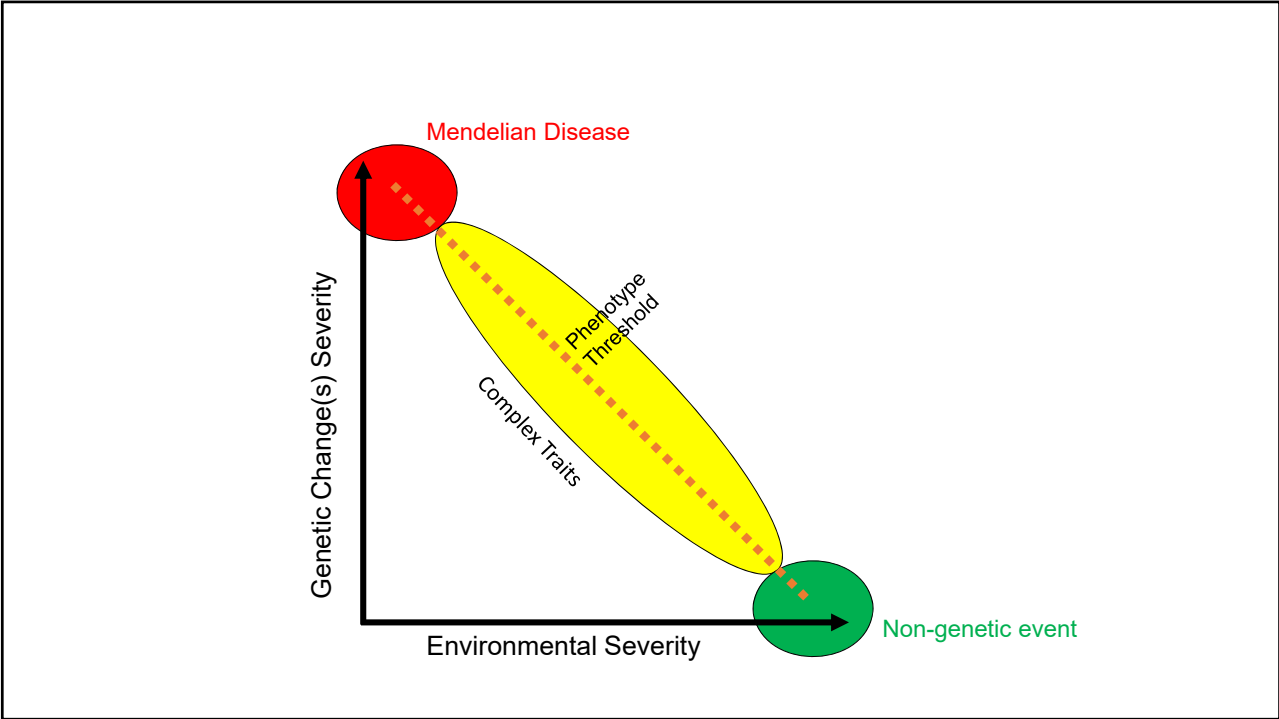
No Disclosures

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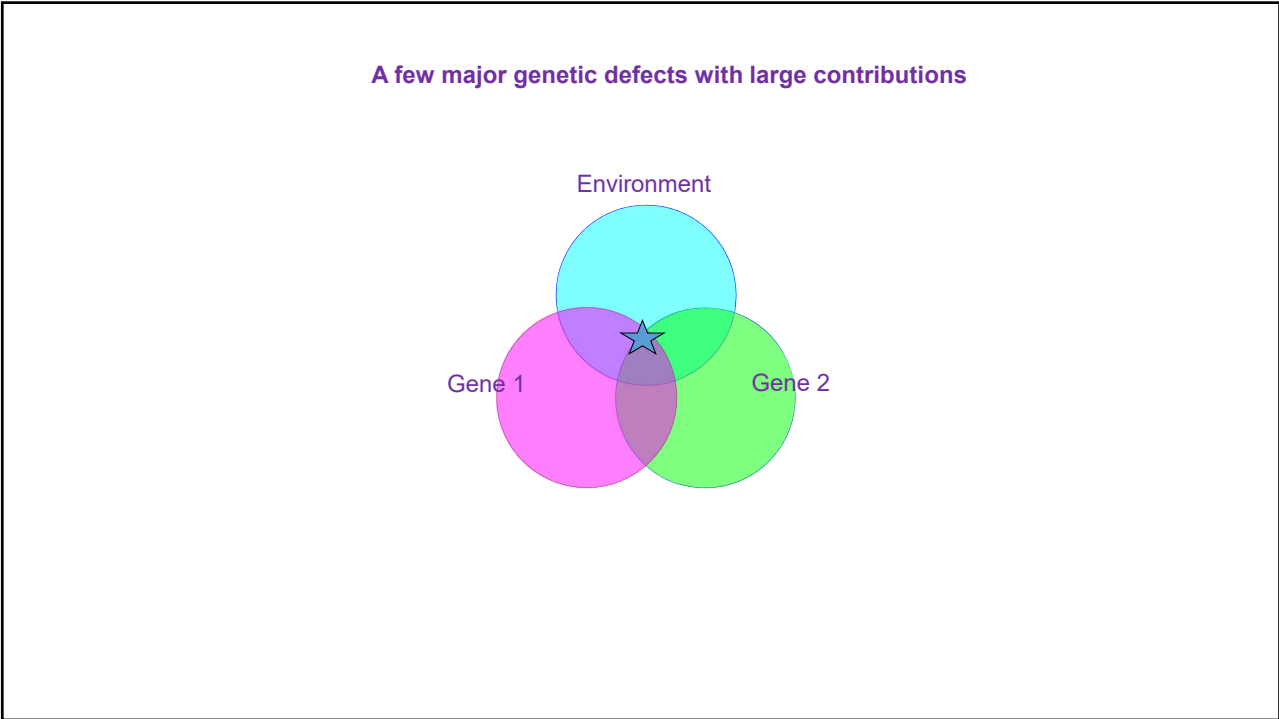
How Geneticists Think About Disease



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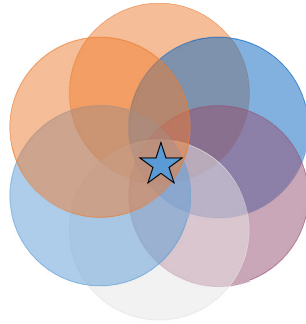


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A large number of genes each having a minor effect



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The Level of Genetic Diversity in Humans is Huge

- The average individual has:
 - ~4.2 million DNA variants in their genome
 - ~3.2 million single base variants (SNVs)
 - 850,000 insertions/deletions (copy number variants)
 - 1.3 million of these differences will be “unique”

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~1 in 100 Infants is Born with a Congenital Heart Defect



With Permission

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~25% are in Critical Condition at Birth



With Permission

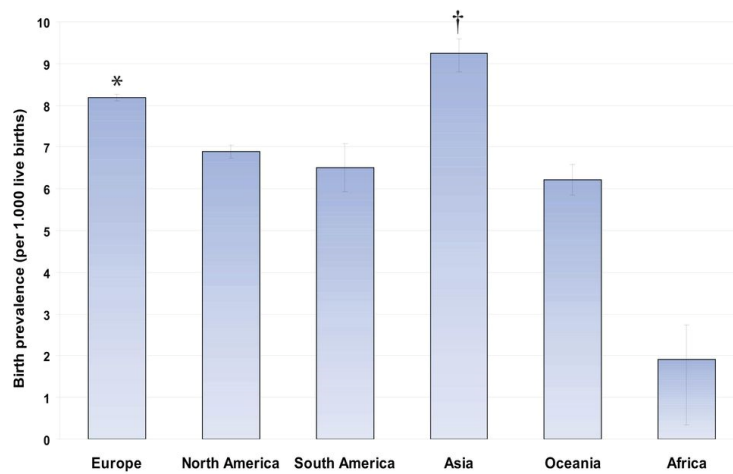
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CHD is a high impact problem

- 40,000 births/year in the US
- 10,000 need critical care in the first year of life
- All need some type of surveillance through life
- Over 2 million infants, children and adults with CHD in the US

Center for Disease Control

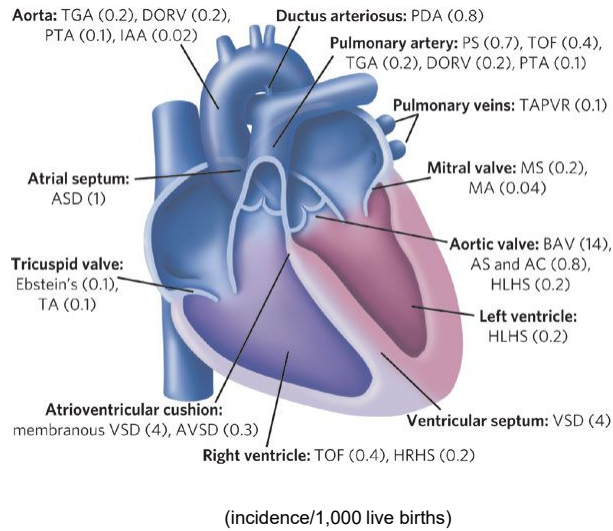
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van der Linde et al, JACC, 2011

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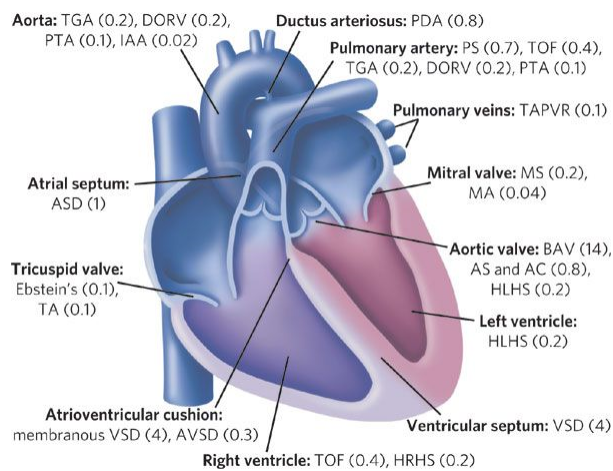
18 Distinct Types of Congenital Heart Defects



Bruneau, Nature 2008

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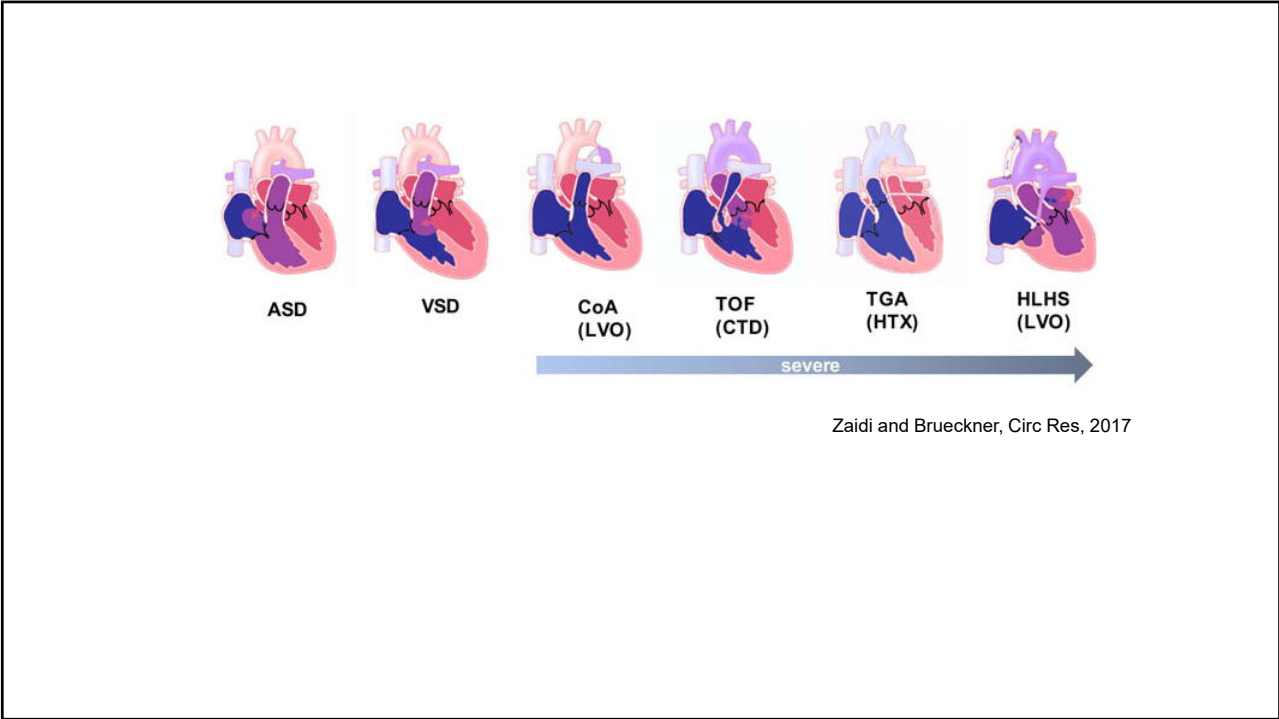
18 Distinct Types of Congenital Heart Defects



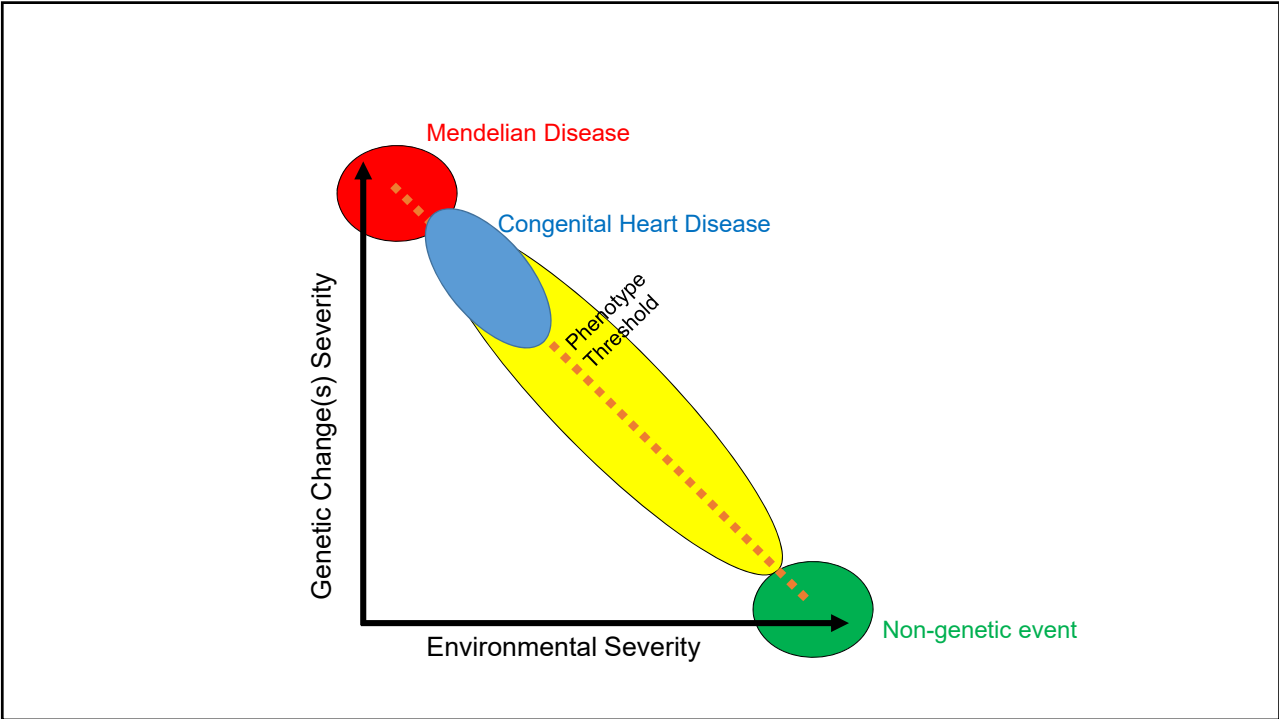
- Septal defects
- Valve abnormalities
- Outflow tract defects

Bruneau, Nature 2008

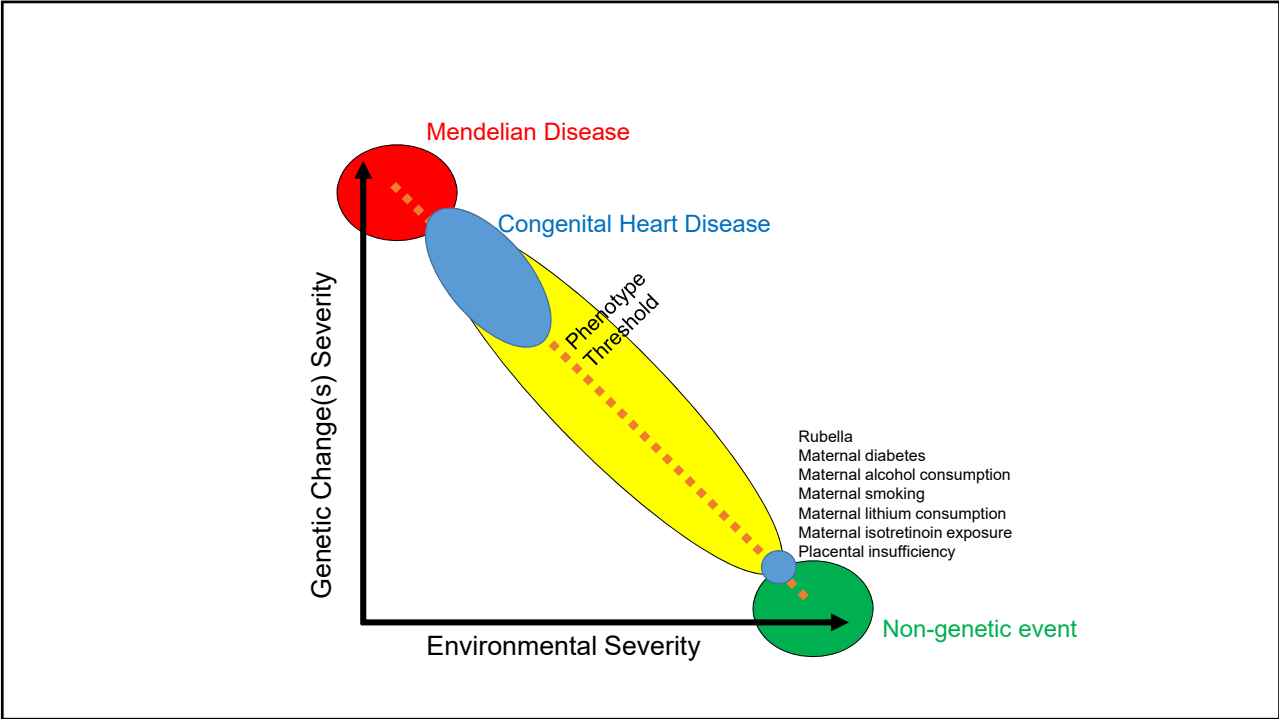
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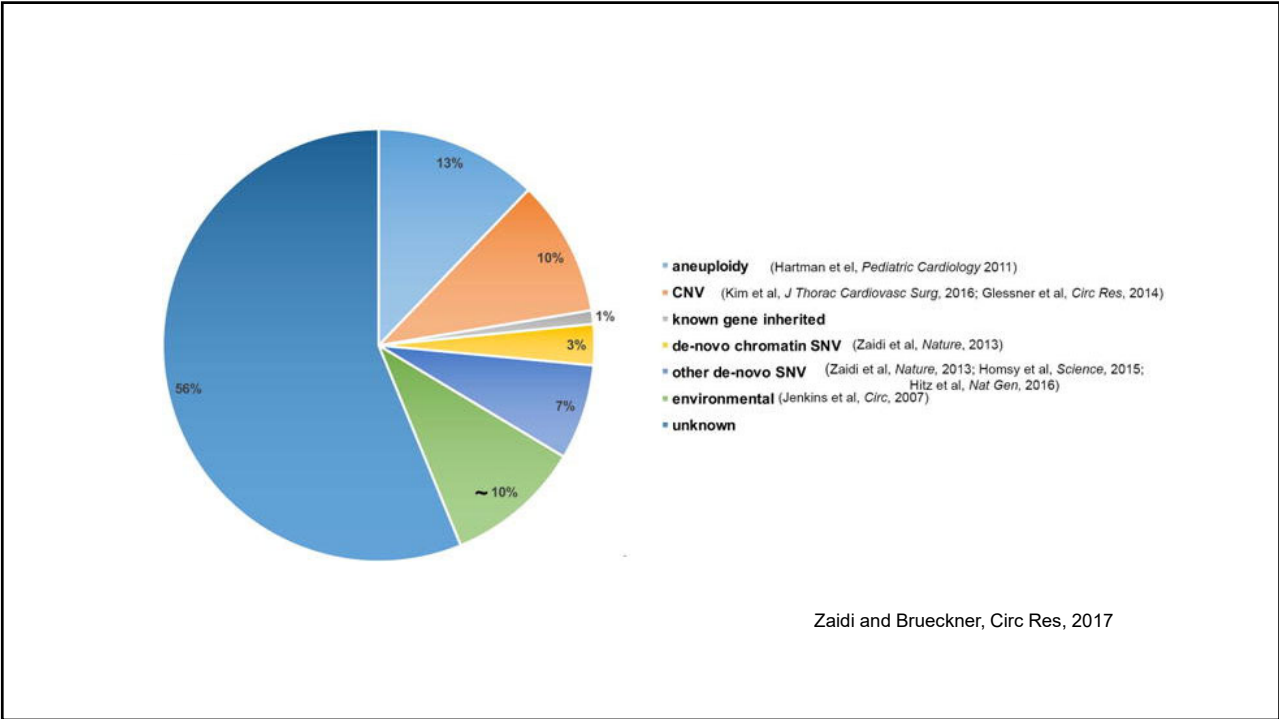
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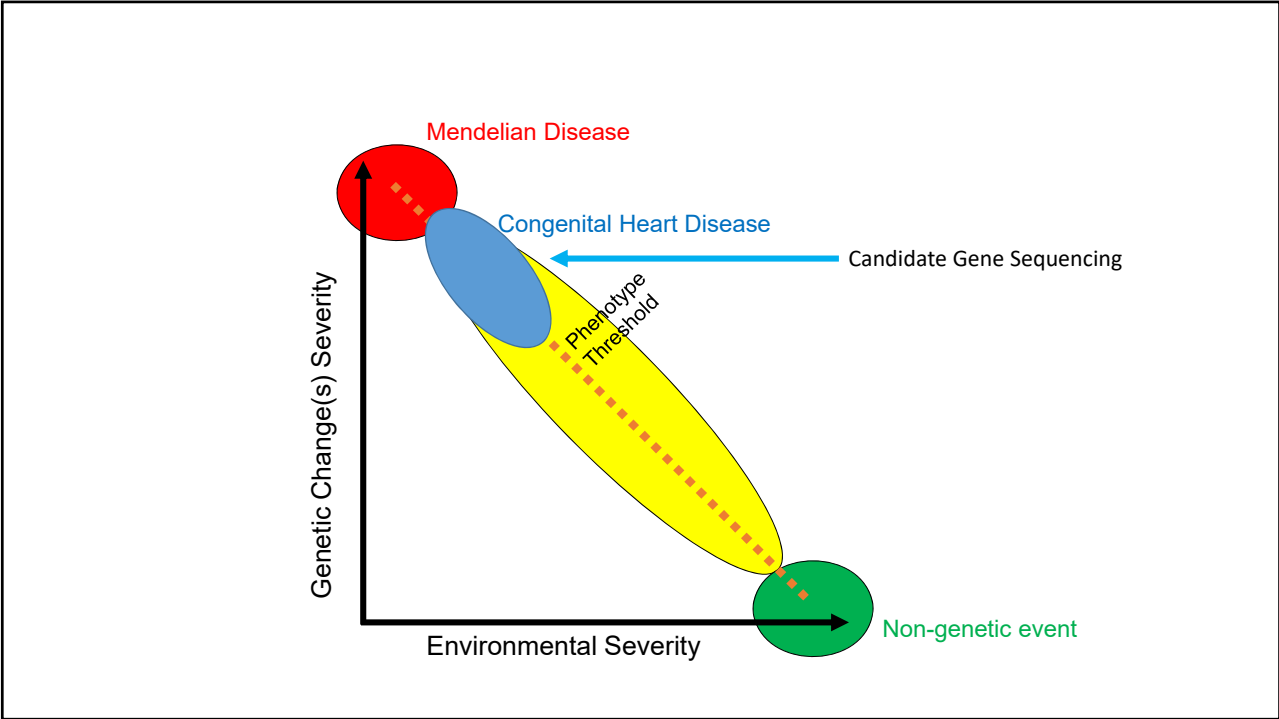
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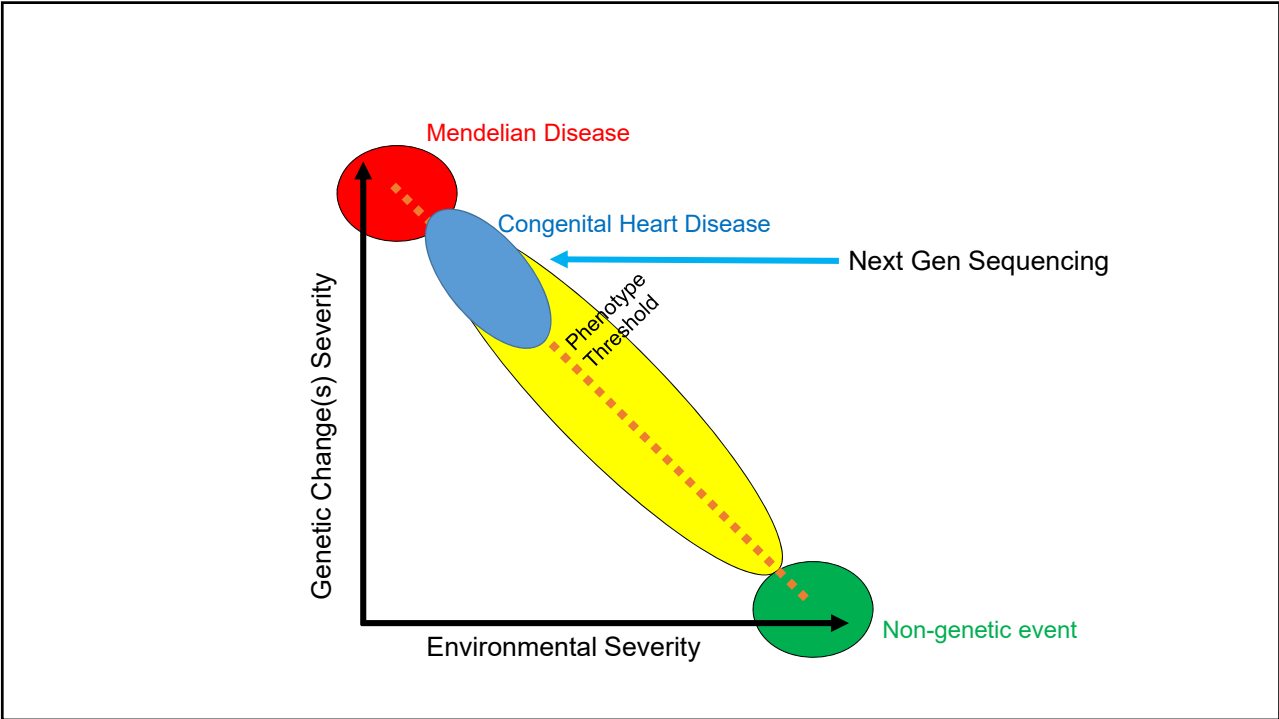
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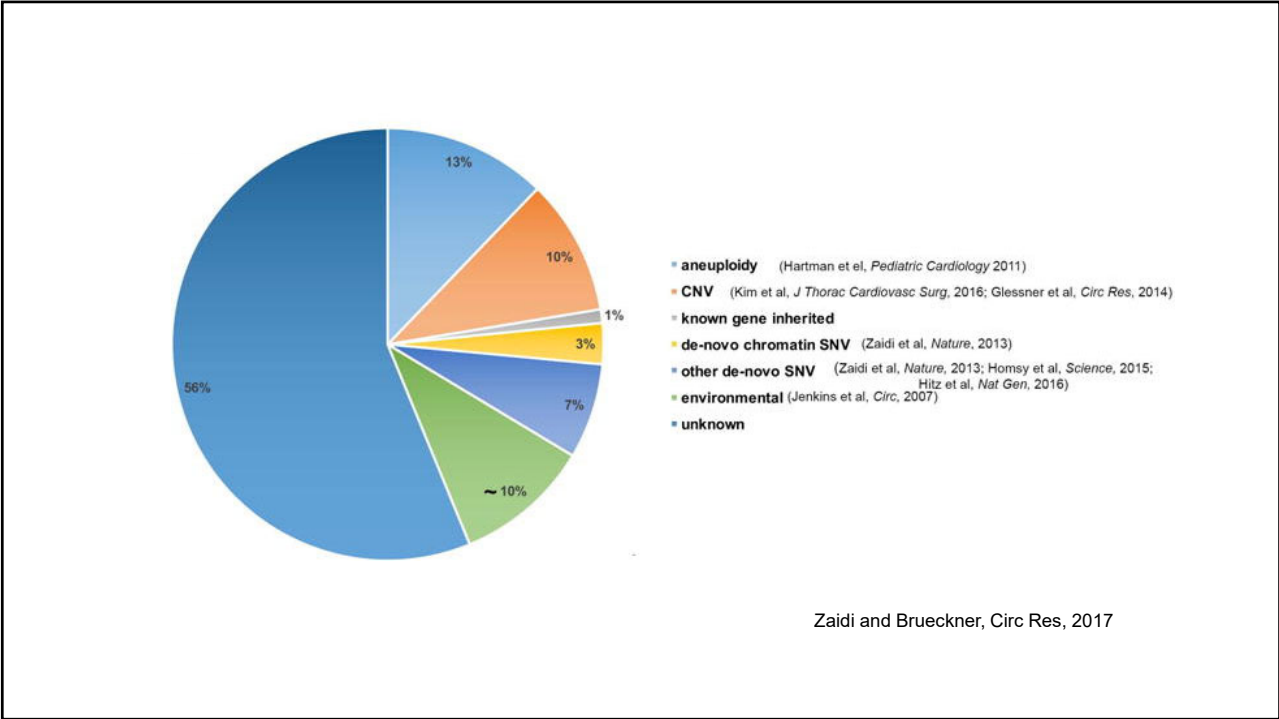
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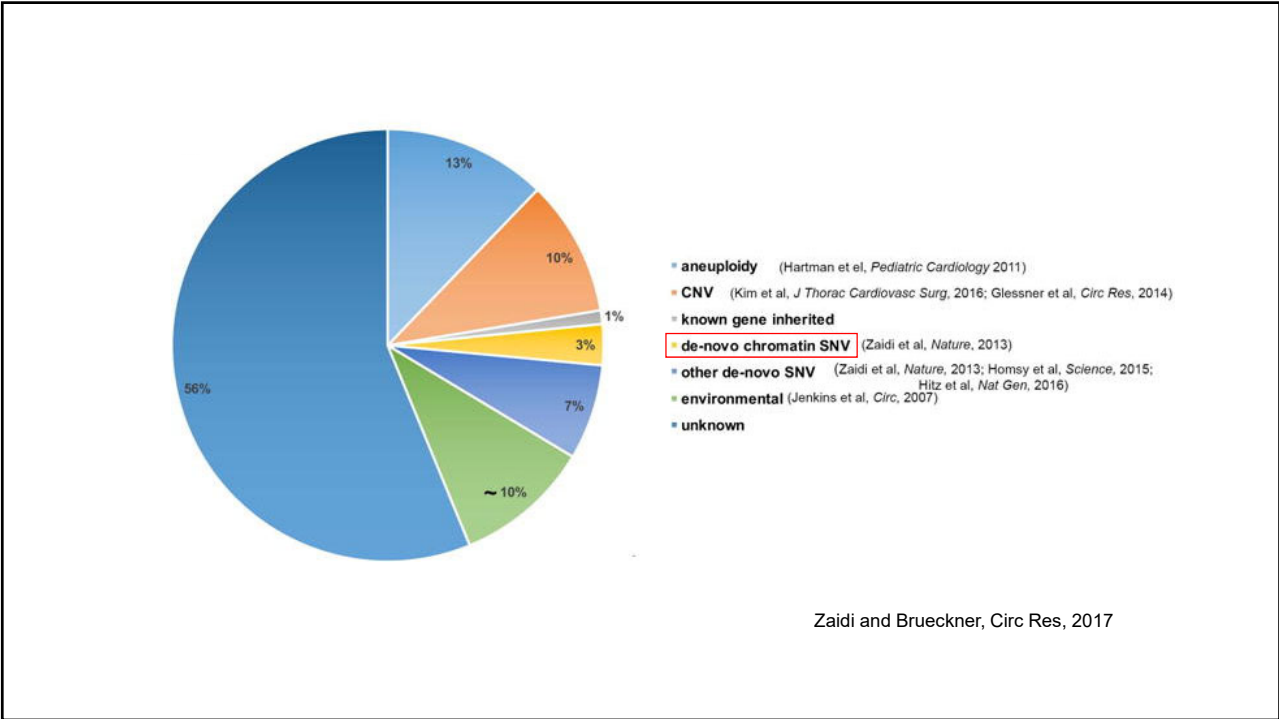
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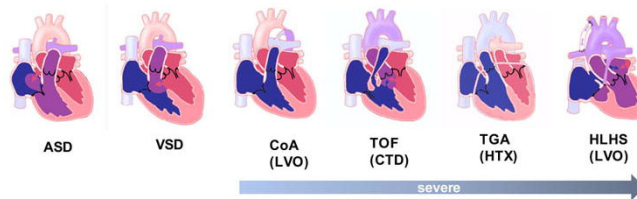
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de Novo Chromatin SNVs?????

- Whole exome sequencing
 - 362 clinically severe CHD cases (parent-offspring trios)



- 264 controls (parent-offspring trios)
- Are there new mutations that occur in cases but not controls?

Zaidi et al, Nature 2013

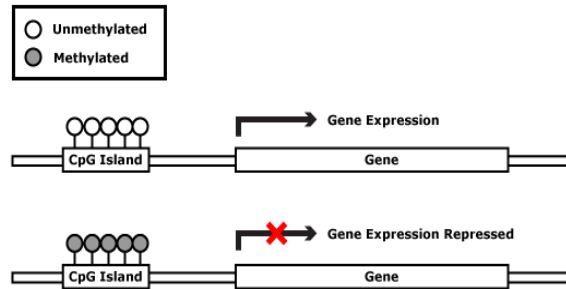
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de Novo Chromatin SNVs?????

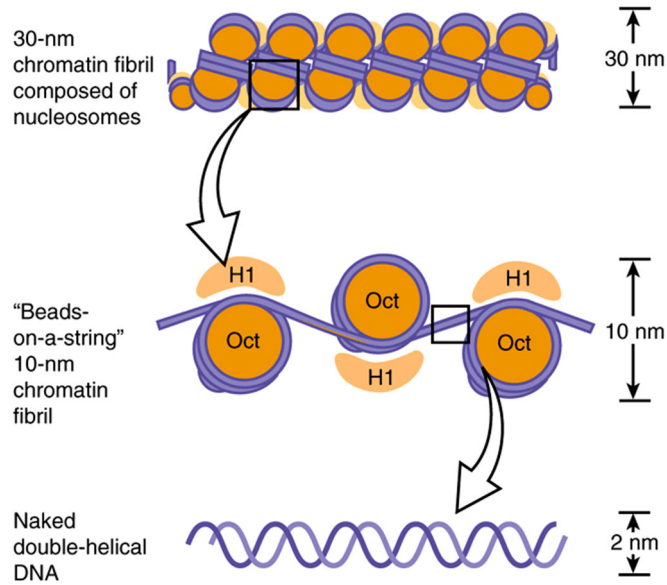
- Marked excess of *de novo* mutations in genes involved in the production, removal or reading of H3K4 methylation (H3K4me) and the induction of methylation of H3K27 (H3K27me)

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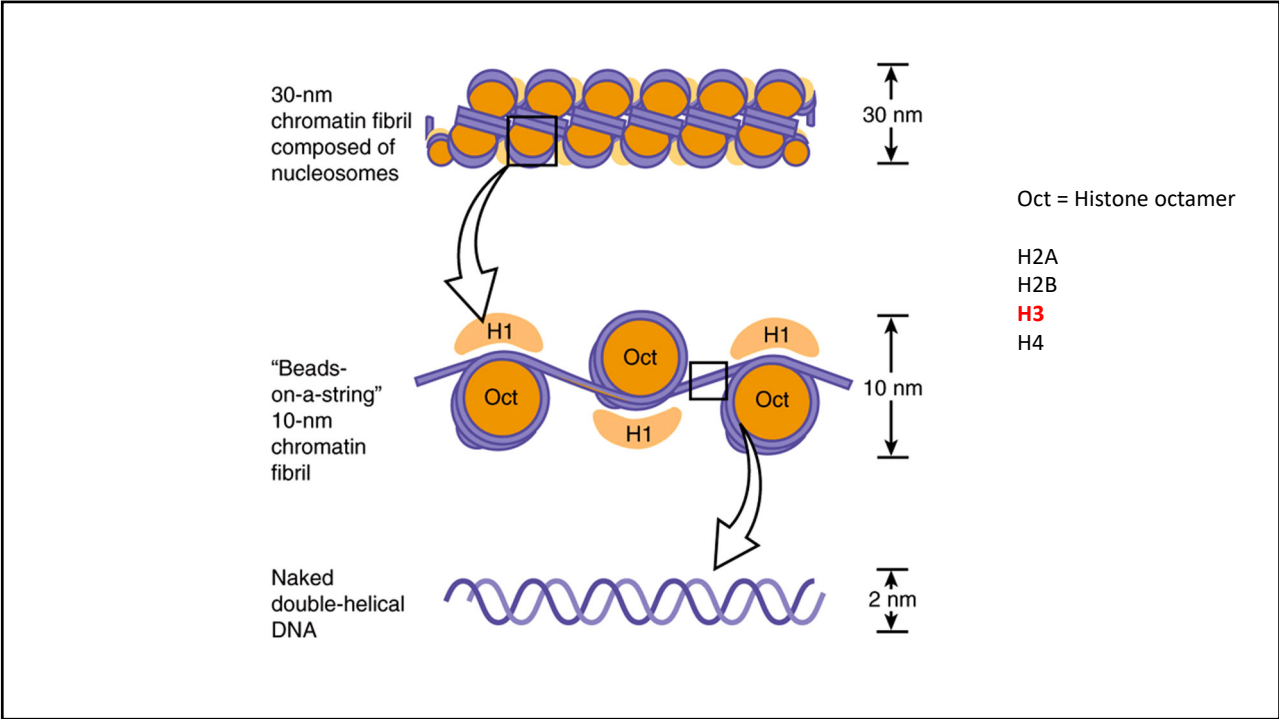
Epigenetic Regulation of Gene Expression



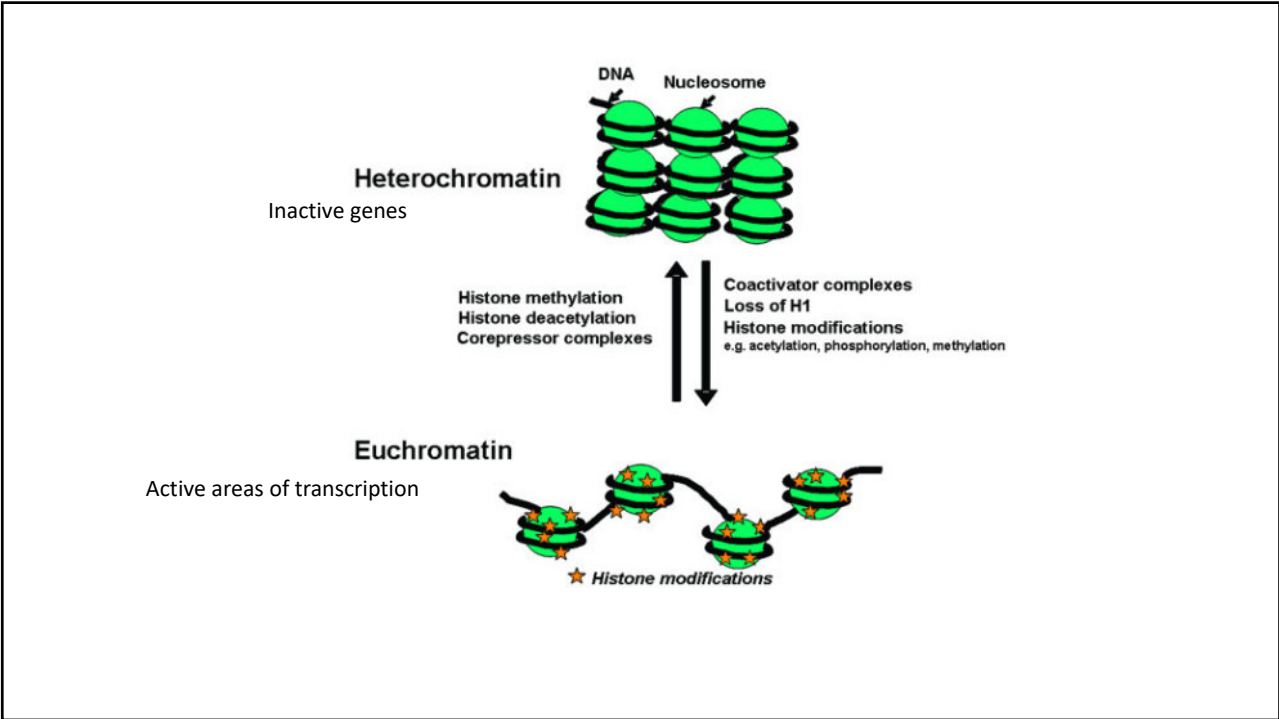
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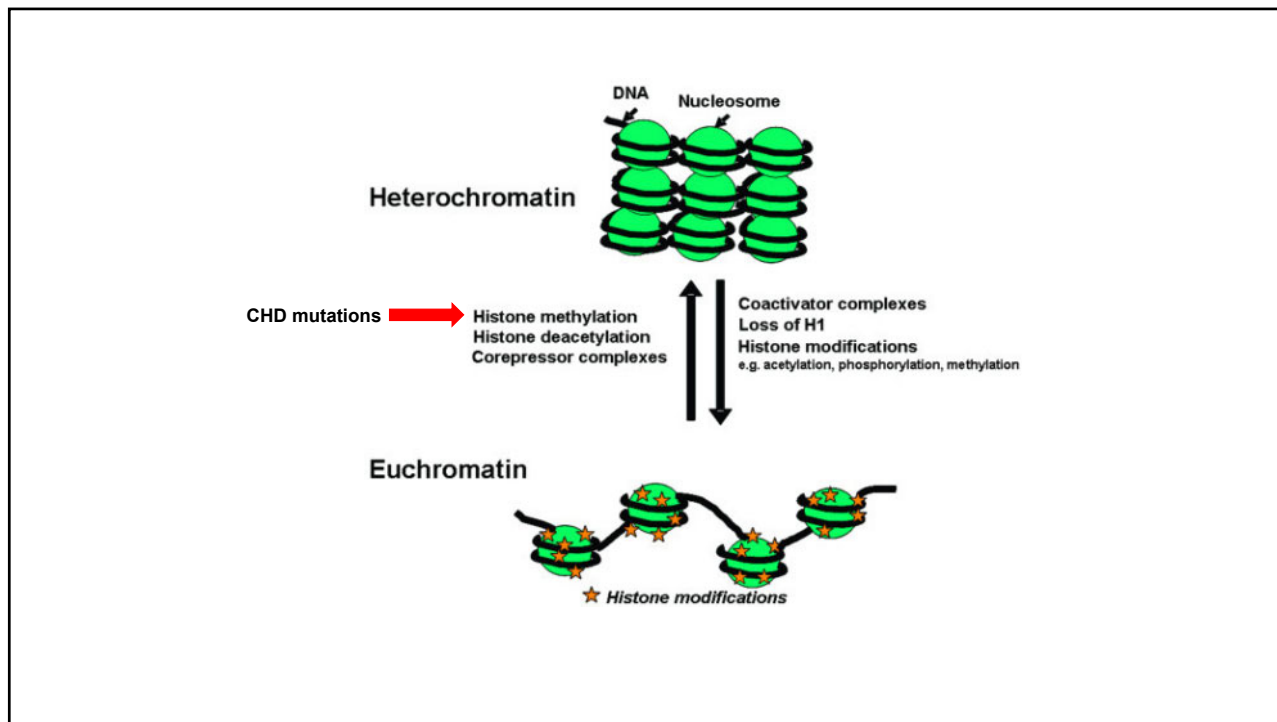
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de Novo Chromatin SNVs?????

- Genes that methylate H3K4 can no longer methylate lysine4
 - Decreased methylation = Increase expression
- Genes that remove methyl groups from H3K4 no longer do so
 - Increased methylation = Decreased expression
- Genes involved in reading methylation of H3K4 can no longer do so
 - Decreased methylation recognition = Decreased methylation = Increased expression
- Genes that induce methylation of H3K27 can no longer cause the methylation
 - Reduced methylation = Increased expression

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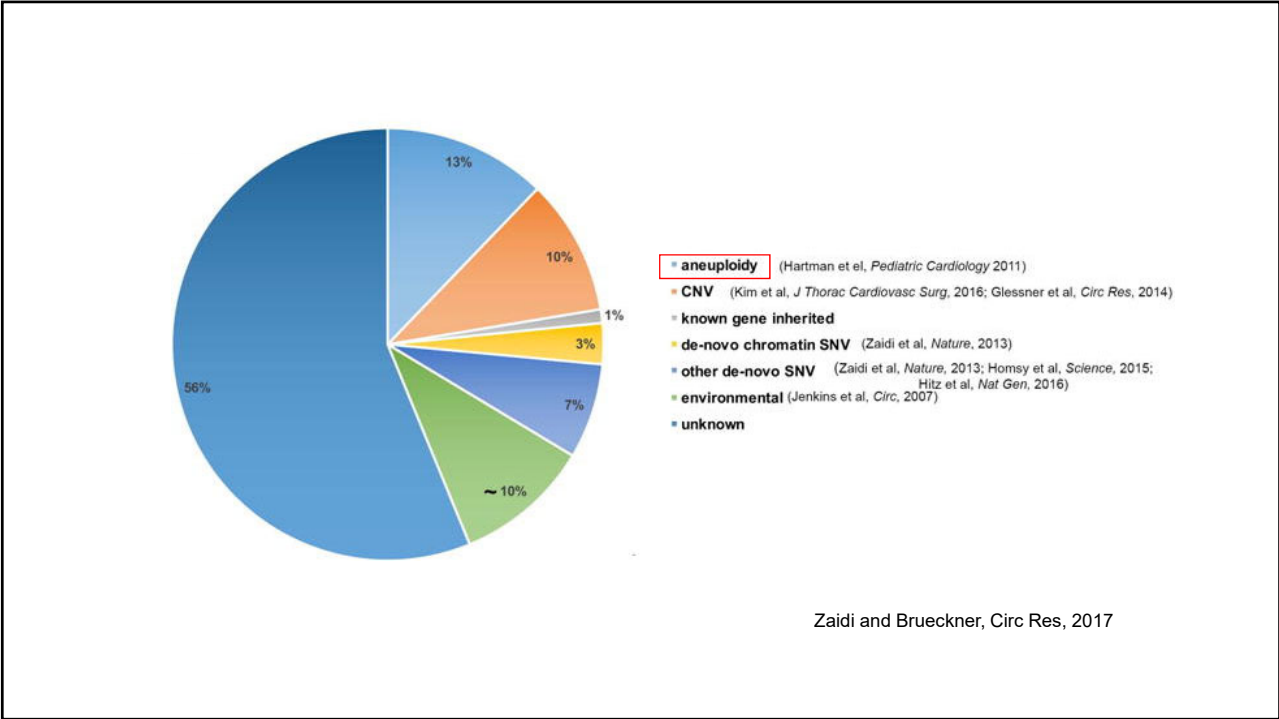
❖ Gene dosage is dysregulated

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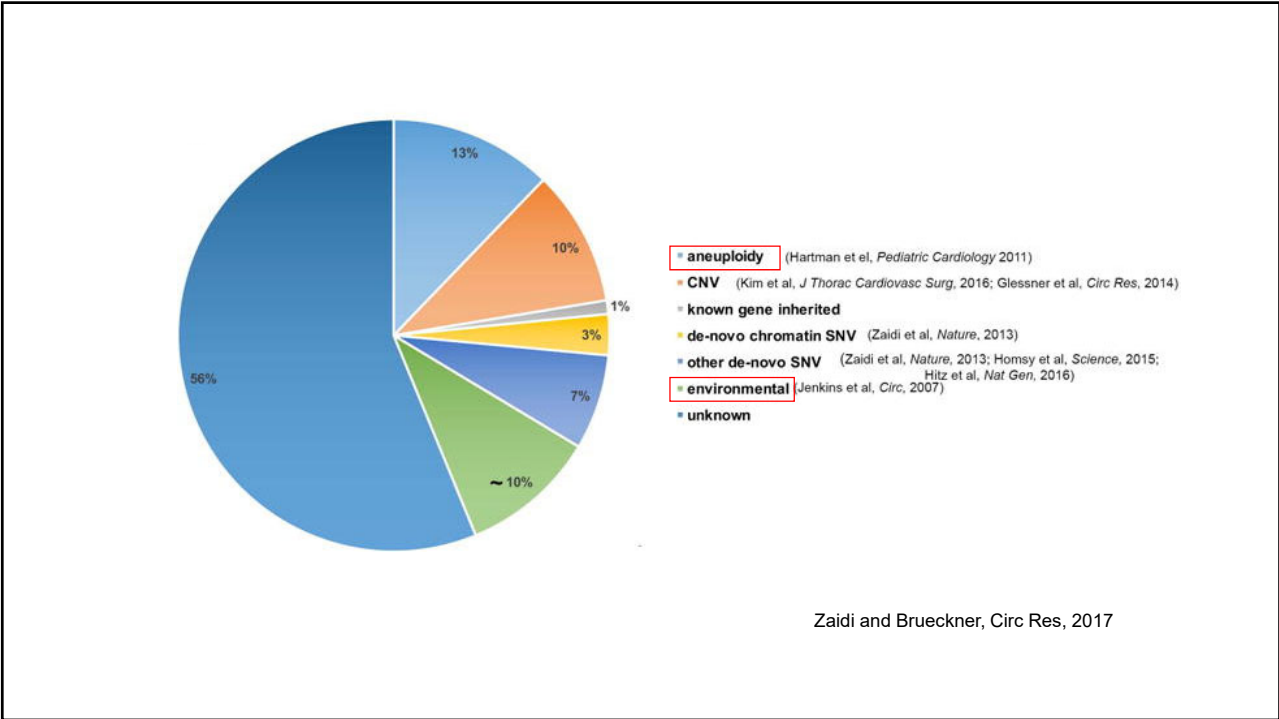
How can *de Novo* Chromatin-Related Mutations Affect Heart Development?

- H3K4me and H3K27me are associated with transcriptionally active genes in early development
- The mutated genes broadly regulate gene expression from the earliest stages of development
- The heart is the first organ to develop
- Dysregulation of heart development gene expression through chromatin modifications will lead to heart defects

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Is Epigenetic Variation More Important Than We Realized?

- CHD occurs as a result of:
 - Epigenetic changes caused by mutations in histone modifying genes
- CHD is associated with:
 - Aneuploidy
 - Environmental influences
- Aneuploidy and environmental influences affect epigenetics

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Is Epigenetic Variation More Important Than We Realized?

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- Aneuploidy and environmental influences affect epigenetics

- Time to connect the dots!

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Turner syndrome phenotype

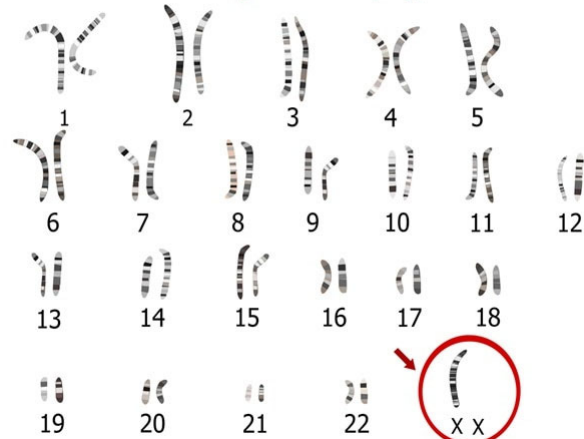
- Complete or partial loss of the second sex chromosome (monosomy X)
- 1 in 2,000 live female births
- Short stature
- Broad chest with widely spaced nipples
- Low set ears
- Low hairline
- Premature ovarian failure
- Normal Intelligence
- Specific cognitive/visual spatial
- Webbed neck
- Lymphedema
- **Cardiovascular Defects**



With Mom's Permission

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Turner syndrome karyotype



Deficiency of a second sex chromosome

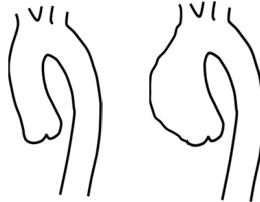
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Bicuspid Aortic Valve Disease (BAVD) in Turner syndrome

Tricuspid aortic valve Bicuspid aortic valve (BAV)



- Thoracic aortic aneurysms

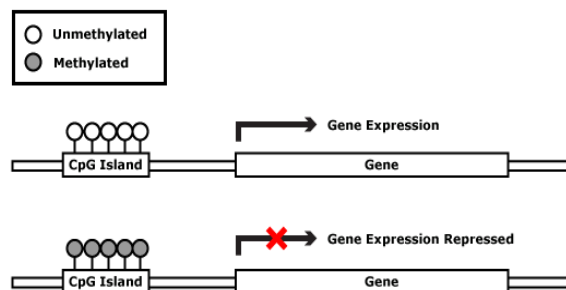


- 30% of individuals with Turner syndrome have BAVD
 - 0.5-2% of euploid individuals
 - 70% of euploid cases are in males

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Epigenetic Analysis

- Widespread DNA hypomethylation and differential gene expression in Turner syndrome compared to euploid individuals (Trolle et al, 2016)

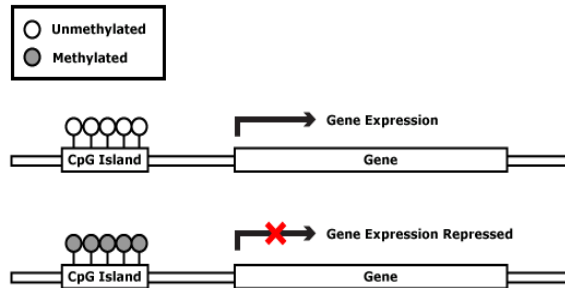


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Epigenetic Analysis

Does epigenetics play a role in BAVD in Turner syndrome?

- Global DNA methylation analysis



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Study Design

- Samples from BioLINCC (GenTAC registry)
- 45,X0
- Cases (5)
 - Ages 27-50 years
 - BAV
 - Aortic dilation (z-scores 3.19-5.15)
 - 2/5 had dissections
- Controls (5)
 - Ages 28-56 years
 - No BAV
 - Normal aortic dimensions (z-scores -.36 – 1.71)

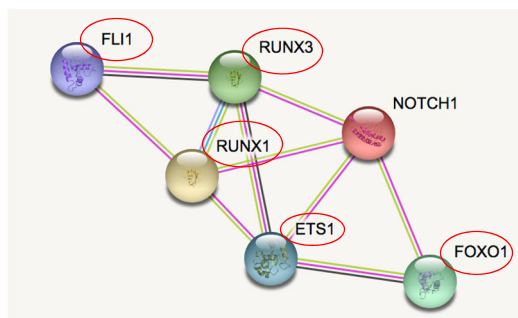
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DNA Methyl-Capture Sequencing Analysis

- 195 genes showed differential CpG island methylation between cases and controls
- 5 genes involved in aortic valve morphogenesis and homeostasis of the aorta were differentially methylated

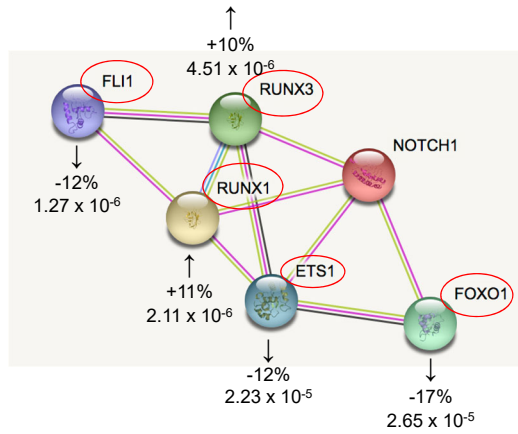
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Differentially Methylated Genes in NOTCH1 Pathway



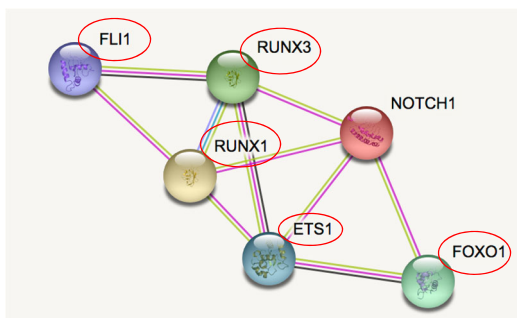
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Differentially Methylated Genes in NOTCH1 Pathway



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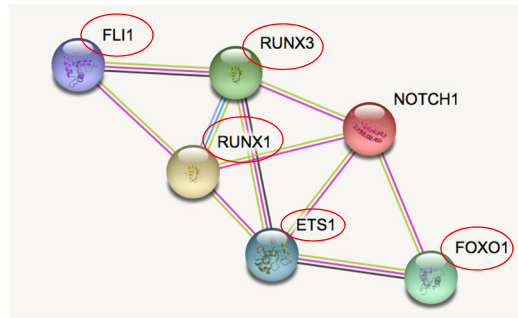
Differentially Methylated Genes in NOTCH1 Pathway



Single pass transmembrane receptor that regulates cell fate decisions during development

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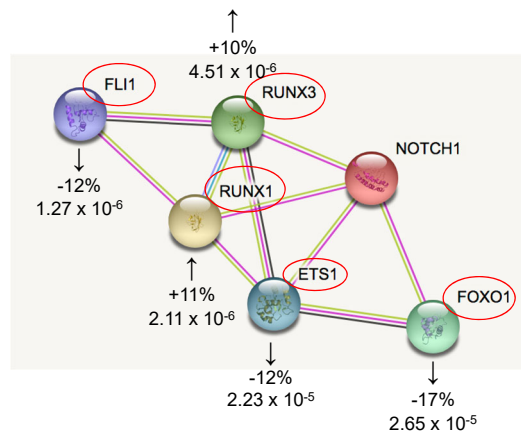
Differentially Methylated Genes in NOTCH1 Pathway



Mutations in *NOTCH1* cause familial BAVD in humans and ascending aortic aneurysms in mice
(Garg et al, 2005, Koenig...Garg, 2017)

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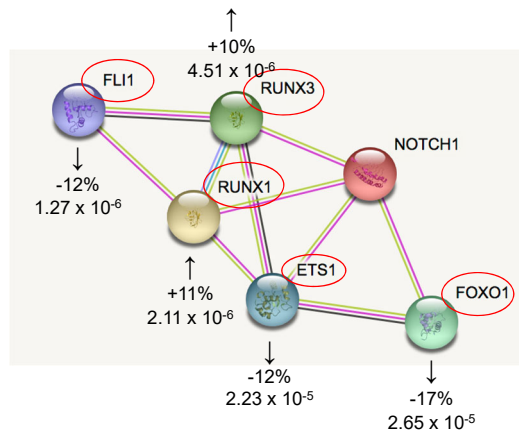
Differentially Methylated Genes in NOTCH1 Pathway



Hypothesis: Synergistic interaction between 5 differentially methylated interactive NOTCH1 pathway genes contributes to the etiology of BAVD in Turner syndrome.

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Differentially Methylated Genes in NOTCH1 Pathway

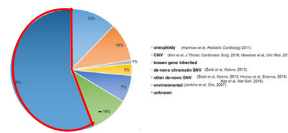


Do epigenetic differences account for the sex bias of BAVD towards males?

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Conclusions

- CHD is a significant health issue world-wide
- More than half of CHD is of unknown etiology
- Mutations that affect histone modification are associated with CHD
- Epigenetic differences occur in high risk populations and between sexes
- Evidence of epigenetic differences in individuals with Turner syndrome and BAVD
- Epigenetic modification should be a focus in the research on the etiology of CHD
 - Consideration for non-genetic factors that alter epigenetic marks
 - Environmental factors
 - Lifestyle choices
 - Epigenetic marks are carried across generations




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Acknowledgments

Collaborators

Turner syndrome study subjects and their families

TSSUS 

Dr. Michael Silberbach
Dr. Holly Corbitt
Rebecca Tippner-Hedges
Jacob Gutierrez
Jessica Kushner

Oregon Clinical Translational Research Institute
Brian Booty
Carrie Farrar

Collaborating Investigators
Dr. Lucia Carbone (OHU Epigenetic Core)
Shane Morris (Baylor College of Medicine)
Dr. Claus Gravholt (Aarhus U., Denmark)

Funding and Other Support



NHLBI DNA Resequencing and Genotyping Program UW, Dr. Debbie Nickerson



OHSU Innovation Award

Friends of Doernbecher Foundation

Ravelle Research Fund of the Turner Syndrome Society of the United States (TSSUS) 